

HFHC!

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DISNEY DREAM COMES TRUE
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COLOUR RUN FUN!
see back page for full story

EXCLUSIVE PICTURES: GLITZ & GLAM AT THE HFHC MAY BALL!



my 'ordinary' life!

DAILY LIVING SKILLS

Being actively engaged in everyday 'ordinary' living skills from cooking and cleaning to developing relationships, is key to achieving a good quality of life. Individuals are supported to achieve these skills on their terms, with graded assistance to ensure success. This includes using hand-over-hand support, communicative and gestural prompts or observational support.

GOALS & ASPIRATIONS

Setting personal goals is a key part of living an 'ordinary life' – this could be working towards making a cup of tea independently or trying a new activity for the first time. Individuals are creatively encouraged to explore new things and the options are limitless – from baking a cake to indoor skydiving!

The World On My Terms

An 'ordinary life' is something most of us take for granted. At HFHC, everything we do, from building exceptional environments to creating needs-led care and support packages, helps set an expectation for the individuals to live an ordinary life, on **their** terms.

"My son has been able to paint his own room, he's had a new bathroom put in, he's had built-in wardrobes made for him and chosen his own furniture. He is supported to cook all his own meals, he does his own cleaning - he just lives as any other person does, so that's great."

A parent

LOCAL COMMUNITY LIFE

Being an active part of your local community is a key part of living an 'ordinary life'. From accessing local shops, hairdressers, butchers and bakeries, to attending local events and holding our own for the community to join, these opportunities enable each person to engage with the wider community.

HOBBIES & INTERESTS

Individuals are supported to enjoy a wide range of hobbies and activities, both at home and out & about in the wider community. From swimming and horse-riding to theatre visits and amusement parks, activities are carefully planned around personal interests.

Supporting individuals with complex needs to live an ordinary life on their own terms, which most of us take for granted



SPARKLING CELEBRATIONS! HFHC's GLITZ & GLAM MAY BALL

HFHC celebrated their 20th anniversary with a sparkling May Ball where individuals partied with friends, family and carers at an inclusive, uplifting celebration at the Lincolnshire Showground. More than 370 colleagues, individuals, friends and family came together, and celebrations included a glitter station, photo booth, singing and music. Individuals were involved right from the earliest planning stages, and also helped to set up the party, crafting some of the fabulous decorations!

(above) Paul & Ann de Savary cutting the cake to mark 20 amazing years of Home From Home Care!



Everyone had the opportunity to get up close and personal with furry friends including rabbits, owls and tortoises, as well as a fox and a snake, courtesy of Animals UK.



COLOUR RUN 2024

We held our first ever Colour Run this summer – and what a wonderful splash of colour and fantastic fun it was! Everyone was given a white t-shirt at the start - but they were anything but white by the end of the course! With sensory activities and games throughout, plus wonderful burgers and salads from HFHC Chef Darren, it was a brilliant event that everyone thoroughly enjoyed!



DISNEY TRIP OF A LIFETIME!

After years of planning and preparation, colleagues supported an individual to achieve his dream of going to Disneyland and seeing the Princess Parade! This was an incredible achievement for him - he loved going on this great adventure - and it was also extremely rewarding for colleagues to play a part in making it happen. Colleagues supporting on these fantastic trips get to see a different side to the individuals and develop even greater relationships with them and their families.



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